Special Topic Lectures UTF Autumn 2023

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Part II Quantum Cosmology

Methodology:

- 1. We write down an action and a metric (FLRW)
- 2. Compute and solve field equations (to derive mode functions)
- 3. Quantize by
 - (a) Postulating a mode expansion
 - (b) with commutation relations
 - (c) and a normalization condition

1 Mode decomposition

Again, we consider the FLRW metric

$$ds^{2} = -dt^{2} + a^{2}(t) \left(dr^{2} + r^{2} d\Omega^{2} \right), \qquad (1)$$

which has flat geometry and $d\Omega^2 \equiv d\theta^2 + \sin^2\theta d\phi^2$. We write this in its conformal form

$$ds^{2} = a^{2}(t) \left[-a^{-2}dt^{2} + dr^{2} + r^{2}d\Omega^{2} \right],$$

= $a^{2}(\eta) \left[-d\eta^{2} + dr^{2} + r^{2}d\Omega^{2} \right],$ (2)

by introducing a new conformal time parameter η defined via $d\eta = a^{-1}dt$. Now, consider a massless scalar field Φ with action

$$S = \frac{1}{2} \int d^4x \sqrt{-g} \left(g^{\mu\nu} \partial_\mu \Phi \partial_\nu \Phi + \xi R \Phi^2 \right), \tag{3}$$

i.e. a scalar field action which (at the moment) has a generic coupling to gravity through the coupling constant ξ . Varying the action w.r.t. Φ

$$\delta_{\Phi}S = \frac{1}{2} \int d^4x \sqrt{-g} \left(2g^{\mu\nu}\partial_{\mu}\delta\Phi\partial_{\nu}\Phi + 2\xi R\Phi\delta\Phi \right) = \int d^4x \left(-\partial_{\mu} \left(\sqrt{-g}g^{\mu\nu}\partial_{\nu}\Phi \right) + \sqrt{-g}\xi R\Phi \right) \delta\Phi + t.d., \tag{4}$$

leads to the field equation

$$\frac{1}{\sqrt{-g}}\partial_{\mu}\left[\sqrt{-g}g^{\mu\nu}\partial_{\nu}\Phi\right] - \xi R\Phi = 0, \quad \text{i.e.} \quad (\Box - \xi R)\Phi = 0. \tag{5}$$

This is the *massless Klein-Gordon equation* coupled to gravity. Let's unpack this wave equation for the given metric to yield

$$\frac{1}{\sqrt{-g}}\partial_{\mu}\left[\sqrt{-g}g^{\mu\nu}\partial_{\nu}\Phi\right] = \frac{1}{\sqrt{-g}}\partial_{\eta}\left(\sqrt{-g}g^{\eta\eta}\partial_{\eta}\Phi\right) + \frac{1}{\sqrt{-g}}\partial_{i}\left(\sqrt{-g}g^{ij}\partial_{j}\Phi\right) \\
= -\frac{1}{a^{4}}\partial_{\eta}\left(a^{2}\partial_{\eta}\Phi\right) + \frac{1}{a^{2}\sqrt{-\delta}}\partial_{i}\left(\sqrt{-\delta}\delta^{ij}\partial_{j}\Phi\right) \\
= \frac{1}{a^{2}}\left[-\partial_{\eta}^{2}\Phi - 2\frac{a'}{a}\partial_{\eta}\Phi + \Delta\Phi\right],$$
(6)

where $\sqrt{-g} = a^4 r^2 \sin \theta$ and $\sqrt{-\delta} = r^2 \sin \theta$ so $\sqrt{-g} = a^4 \sqrt{-\delta}$

Definitions:

• The Laplace operator in spherical coordinates:

$$\Delta = \frac{1}{\sqrt{-\delta}} \partial_i \left[\sqrt{-\delta} \delta^{ij} \partial_j \Phi \right]$$

= $\frac{1}{r^2 \sin \theta} \partial_r \left[r^2 \sin \theta \partial_r \Phi \right] + \frac{1}{r^2 \sin \theta} \partial_\theta \left[\sin \theta \partial_j \Phi \right] + \frac{1}{r^2 \sin^2 \theta} \partial_\phi \partial_\phi \Phi$
= $\frac{1}{r^2} \partial_r \left(r^2 \partial_r \Phi \right) + \frac{1}{r^2 \sin \theta} \partial_\theta \left(\sin \theta \partial_j \Phi \right) + \frac{1}{r^2 \sin^2 \theta} \partial_\phi^2 \Phi$ (7)

• Curvature scalar (in FLRW conformal coordinates)

$$R = 6\frac{a''(\eta)}{a(\eta)^3} \tag{8}$$

Thus,

$$-\partial_{\eta}^{2}\Phi - 2\frac{a'}{a}\partial_{\eta}\Phi + \Delta\Phi + 6\xi\frac{a''}{a}\Phi = 0.$$
(9)

The single derivative term is problematic so we introduce an auxiliary field $\phi=a\Phi$ so that

$$\partial_{\eta}\Phi = a^{-1}\partial_{\eta}\phi - \frac{a'}{a^2}\phi, \quad \text{and} \quad \partial_{\eta}^2\Phi = -\frac{\phi a''}{a^2} - \frac{2a'}{a^2}\partial_{\eta}\phi + \frac{2\phi a'^2}{a^3} + \frac{1}{a}\partial_{\eta}^2\phi \quad (10)$$

Putting this together leaves

$$-\partial_{\eta}^{2}\phi + \Delta\phi + (1 - 6\xi)\frac{a''}{a}\phi = 0$$
(11)

Now, we see that the equation simplifies for the choice $\xi = 1/6$ which is precisely the value of the *conformal coupling* in four dimensions. This choice leaves the action conformally invariant. Thus, taking $\xi = 1/6$ leaves

$$(-\partial_{\eta}^{2} + \Delta)\phi(\eta, x) = 0.$$
(12)

Now, we transform the field ϕ into Fourier space using

$$\phi(x) = \int \frac{d^3 \vec{k}}{(2\pi)} \phi_{\vec{k}}(\eta) e^{i\vec{k}\cdot\vec{x}}$$
(13)

so that the field equation becomes

$$\int \frac{d^{3}\vec{k}}{(2\pi)} \left(-\partial_{\eta}^{2}\phi_{\vec{k}}(\eta)e^{i\vec{k}\cdot\vec{x}} + \phi_{\vec{k}}(\eta)\Delta e^{i\vec{k}\cdot\vec{x}} \right) = \int \frac{d^{3}\vec{k}}{(2\pi)} \left(-\phi_{\vec{k}}''(\eta)e^{i\vec{k}\cdot\vec{x}} + \phi_{\vec{k}}(\eta)\partial^{2}e^{ik^{\mu}x_{\mu}} \right)$$
$$= \int \frac{d^{3}\vec{k}}{(2\pi)} \left(-\phi_{\vec{k}}''(\eta)e^{i\vec{k}\cdot\vec{x}} + \phi_{\vec{k}}(\eta)(ik^{\mu})(ik_{\mu})e^{i\vec{k}\cdot\vec{x}} \right)$$
$$= \int \frac{d^{3}\vec{k}}{(2\pi)}e^{i\vec{k}\cdot\vec{x}} \left(-\phi_{\vec{k}}''(\eta) - k^{2}\phi_{\vec{k}}(\eta) \right).$$
(14)

We can then write

$$\phi_{\vec{k}}''(\eta) + k^2 \phi_{\vec{k}}(\eta) = 0 \quad \text{or} \quad \phi_{\vec{k}}''(\eta) + \omega_{\vec{k}}^2 \phi_{\vec{k}}(\eta) = 0,$$
 (15)

with $\omega_{\vec{k}} = |k|$ which has the general solution

$$\phi_{\vec{k}} = \frac{1}{\sqrt{2}} \left(a_{\vec{k}} v_k^* + a_{-\vec{k}}^+ v_k \right).$$
(16)

Here, a^{\pm} are complex constants of integration dependent only on the vector \vec{k} satisfying $a_{\vec{k}}^+ = (a_{\vec{k}}^-)^*$, while the mode functions v_k are normalised such that

$$\phi_{\vec{k}}\partial_{\eta}\phi_{\vec{k}}^{*} - \phi_{\vec{k}}^{*}\partial_{\eta}\phi_{\vec{k}} = \frac{1}{2} \bigg[v_{k}'v_{k}^{*} - v_{k}v_{k}^{*'} \bigg] = i.$$
(17)

<u>Note:</u> In writing down the normalization condition, one must take note of the following identities: As ϕ is real, $\phi^* = \phi$; from the Fourier transform, we have $\phi_{\vec{k}}^* = \phi_{-\vec{k}}$; and as v_k depends on |k|, we have $v_k = v_{-k}$. This, along with the identity $a_{\vec{k}}^+ = (a_{\vec{k}}^-)^*$, gives $a_{\vec{k}}^+ a_{\vec{k}}^- = a_{-\vec{k}}^- a_{-\vec{k}}^+$, which is required to write down the normalisation condition.

<u>Note</u>: Here, $d\Sigma$ is the volume element of a spacelike hypersurface Σ (assumed to be a Cauchy surface) and we define $d\Sigma^{\mu} \equiv n^{\mu}d\Sigma$ for a future-directed unit vector n^{μ} orthogonal to the hypersurface.

This normalisation condition is simply a result of defining the scalar product

$$(\phi_1, \phi_2) = -i \int_{\Sigma} d\Sigma^{\mu} \sqrt{-g_{\Sigma}} \phi_1 \overleftrightarrow{\partial_{\mu}} \phi_2^*, \qquad (18)$$

and noting that there exists a complete set of mode solutions v_k satisfying

$$(v_k, v_{k'}) = \delta_{kk'}, \quad (v_k^*, v_{k'}^*) = -\delta_{kk'}, \quad (v_k, v_{k'}^*) = 0.$$
 (19)

Substitution of (17) into (13) allows us to write down the mode decomposition

$$\hat{\phi}(x) = \frac{1}{\sqrt{2}} \int \frac{d^3 \vec{k}}{(2\pi)^{3/2}} \left(\hat{a}_{\vec{k}} v_k^* e^{i\vec{k}\cdot\vec{x}} + \hat{a}_{\vec{k}}^+ v_k e^{-i\vec{k}\cdot\vec{x}} \right), \tag{20}$$

where the constants a^{\pm} have been elevated to creation and annihilation operators satisfying the usual commutation relations

$$[\hat{a}_{\mathbf{k}}^{-}, \hat{a}_{\mathbf{k}'}^{+}] = \delta_{\mathbf{k}\mathbf{k}'}, \qquad [\hat{a}_{\mathbf{k}}^{-}, \hat{a}_{\mathbf{k}'}^{-}] = [\hat{a}_{\mathbf{k}}^{+}, \hat{a}_{\mathbf{k}'}^{+}] = 0, \tag{21}$$

following canonical quantization, Refs. [Birell, Mukhanov].

Quantization of the field $\hat{\phi}$ is achieved by postulating the (1) mode expansion along with the (2) commutation relations and (3) the normalisation condition, while the mode functions v_k are specific to the theory. As $v_k \equiv v_k(\eta)$ form a basis of solutions to field equations, we can find explicit expressions for these by solving the differential equation

$$v_k'' + k^2 v_k = 0$$
 to find $v_k = \frac{e^{i|k|\eta}}{\sqrt{|k|}}$. (22)

Exercise: From the differential equation $v''_k + k^2 v_k = 0$, it is clear that $v_k = n_k e^{i|k|\eta}$ for some unknown constant n_k is a solution. Take this solution and insert it into the inner product (18) to arrive at the appropriate form for the normalisation constant n_k .

Difficult Exercise: Try and solve the differential equation $(-\partial_{\eta}^2 + \Delta)\phi(\eta, x) = 0$ by the 'separation of variables method', i.e. separate the variables according to the Ansatz $\phi(\eta, x) = \varphi_k(\eta)u(r)v(\theta)w(\phi)$ and substitute into the differential equation.

<u>Hint</u>: consider the expression $\phi^{-1}(\eta, x)(-\partial_{\eta}^2 + \Delta)\phi(\eta, x) = 0$ and isolate functions of the same variable.

<u>Further hint</u>: begin by focusing on the angular coordinates and note that $\frac{w''}{w}$ must be equal to a constant. Choose $w''/w = -l^2$, solve and then follow the same methodology focusing on the θ -dependent terms.

2 Wightman two point function

Next, we turn our attention to the two-point Wightman function

$$W(x;x') \equiv \langle 0|\Phi(x)\Phi(x')|0\rangle, \qquad (23)$$

which will be instrumental in understanding the interaction of the detector with the quantum field. Substitution of the mode decomposition, while noting that we have defined the field $\hat{\Phi}$ in terms of the auxiliary field $\hat{\phi}$ like so $\hat{\Phi} \equiv a^{-1}\hat{\phi}$, gives

$$W(x; x') = \langle 0 | \Phi(x) \Phi(x') | 0 \rangle$$

$$= \langle 0 | \frac{\hat{\phi}(x) \hat{\phi}(x')}{a(\eta)a(\eta')} | 0 \rangle$$

$$= \langle 0 | \frac{1}{a(\eta)a(\eta')} \frac{1}{\sqrt{2}} \int \frac{d^{3}\vec{k}}{(2\pi)^{3/2}} \left(\hat{a}_{\vec{k}}^{-} v_{k}^{*} e^{i\vec{k}\cdot\vec{x}} + \hat{a}_{\vec{k}}^{+} v_{k} e^{-i\vec{k}\cdot\vec{x}} \right)$$

$$\times \frac{1}{\sqrt{2}} \int \frac{d^{3}\vec{k'}}{(2\pi)^{3/2}} \left(\hat{a}_{\vec{k'}}^{-} v_{k'}^{*} e^{i\vec{k'}\cdot\vec{x'}} + \hat{a}_{\vec{k'}}^{+} v_{k'} e^{-i\vec{k'}\cdot\vec{x'}} \right) | 0 \rangle$$

$$= \langle 0 | \frac{1}{a(\eta)a(\eta')} \frac{1}{2} \int \frac{d^{3}\vec{k}}{(2\pi)^{3/2}} \int \frac{d^{3}\vec{k'}}{(2\pi)^{3/2}} \left([\hat{a}_{\vec{k}}^{-}, \hat{a}_{\vec{k'}}^{+}] v_{k}^{*} v_{k'} e^{i(\vec{k}\cdot\vec{x}-\vec{k'}\cdot\vec{x'})} \right) | 0 \rangle$$

$$= \langle 0 | \frac{1}{a(\eta)a(\eta')} \frac{1}{2(2\pi)^{3}} \int d^{3}\vec{k} \int d^{3}\vec{k'} \delta(k-k') v_{k}^{*} v_{k'} e^{i(\vec{k}\cdot\vec{x}-\vec{k'}\cdot\vec{x'})} | 0 \rangle$$

$$= \int \frac{d^{3}\vec{k}}{2(2\pi)^{3}} \frac{v_{k}^{*}(\eta)v_{k}(\eta')}{a(\eta)a(\eta')} e^{i\vec{k}\cdot(\vec{x}-\vec{x'})} \qquad (24)$$

where $\langle 0|a^+ = 0$ and $a^-|0\rangle = 0$ and $\int_{-\infty}^{\infty} f(x)\delta(x-x')dx = f(x')$. Now, $v_k = \frac{e^{i|k|\eta}}{\sqrt{|k|}}$ so that

$$W(x,x') = \int \frac{d^3\vec{k}}{2(2\pi)^3} \frac{1}{|k|} \frac{e^{-i|k|(\eta-\eta'-i\epsilon)+i\vec{k}\cdot(\vec{x}-\vec{x'})}}{a(\eta)a(\eta')},$$
(25)

where we have inserted the small parameter $\epsilon>0$ to ensure that the expression is a distribution.

How do we compute this integral? Consider

$$\mathcal{I} = \int \frac{d^3 \vec{k}}{|k|} e^{-i|k|\eta + i\vec{k}\cdot\vec{x}}.$$
(26)

Uusing dimensionsal regularisation, we find

$$d^{3}\vec{k} = \int d\Omega \int dk \ k^{2}$$

= $\int_{0}^{2\pi} d\phi \int_{0}^{\pi} d\theta \sin \theta \int dk \ k^{2}$
= $4\pi \int dk \ k^{2}$. (27)

We also note that we can rewrite the expression $e^{i\vec{k}\cdot\vec{x}}$ without vectors like so

$$e^{i\vec{k}\cdot\vec{x}} = \int_{-1}^{1} du \ e^{i|k|ux}.$$
 (28)

Putting this together and we find

$$\mathcal{I} = 4\pi \int_0^\infty dk |k| e^{-i|k|\eta} \frac{\sin(|k|x)}{|k|x}$$
$$= 4\pi \int_0^\infty dk e^{-ik\eta} \frac{\sin(kx)}{x}$$
$$= \frac{4\pi}{-|\eta|^2 + |x|^2}$$
(29)

which we have computed using contour integration or the theorem of residues. That is,

$$W_{\epsilon}(x;x') = \frac{1}{(2\pi)^2} \frac{1}{a(\eta)a(\eta')} \frac{1}{-|\eta - \eta' - i\epsilon|^2 + |\vec{x} - \vec{x}'|^2}.$$
(30)

We can express these in terms of proper time like so

$$W_{\epsilon}(\tau;s) = \frac{1}{(2\pi)^2} \frac{1}{a(\tau)a(\tau-s)} \frac{1}{-|\eta(\tau) - \eta(\tau-s) - i\epsilon|^2 + |\vec{x}(\tau) - \vec{x}(\tau-s)|^2}, \quad (31)$$

where now the coordinates have been elevated to trajectories, i.e. functions of proper time. This two point function allows us to encode the history and trajectory of a detector as it propagates through a classical spacetime. In the next lecture we will try and understand conceptually what this means in terms of quantum phenomena and particle detection.

A Transition rate in de Sitter space (additional notes for Lecture 3)

Consider the transition rate

$$\dot{\mathcal{F}}_{\tau}(\omega) = 2 \int_0^{\Delta \tau} ds \left(\cos \omega s \ W_{\epsilon}(\tau, s) + \frac{1}{4\pi^2 s^2} \right) + \frac{1}{2\pi^2 \Delta \tau} - \frac{\omega}{4\pi}.$$
 (32)

We interpret this as the rate of particle detection for the detector per unit τ . The counter term is added to ensure regularity. $\Delta \tau = \tau - \tau_0$ is the detection time and $\omega = E - E_0$ is the energy gap. Let's consider a comoving detector, i.e. $t = \tau$ and x = x'. Express like so

$$\dot{\mathcal{F}}_{\tau}(\omega) = 2 \int_{0}^{\infty} ds \left(\cos \omega s \ W_{\epsilon}(\tau, s) + \frac{1}{4\pi^{2}s^{2}} \right) - 2 \int_{\Delta\tau}^{\infty} ds \left(\cos \omega s \ W_{\epsilon}(\tau, s) + \frac{1}{4\pi^{2}s^{2}} \right) + \frac{1}{2\pi^{2}\Delta\tau} - \frac{\omega}{4\pi}$$
(33)
$$= 2 \int_{0}^{\infty} ds \left(\cos \omega s \ W_{\epsilon}(\tau, s) + \frac{1}{4\pi^{2}s^{2}} \right) - J_{\tau} + \underbrace{\left[-2 \int_{\Delta\tau}^{\infty} \frac{ds}{4\pi^{2}s^{2}} + \frac{1}{2\pi^{2}\Delta\tau} \right]}_{\text{cancel}} - \frac{\omega}{4\pi}$$

for fluctuating tail

$$J_{\tau} \equiv 2 \int_{\Delta\tau}^{\infty} ds \left(\cos \omega s \ W_{\epsilon}(\tau, s) \right). \tag{34}$$

Next

$$\dot{\mathcal{F}}_{\tau}(\omega) = 2 \int_{0}^{\infty} ds \left(\cos \omega s \ W_{\epsilon}(\tau, s) + \frac{\cos \omega s}{4\pi^{2}s^{2}} \right) - J_{\tau} + \frac{1}{2\pi^{2}} \int_{0}^{\infty} ds \left(\frac{1 - \cos \omega s}{s^{2}} \right) - \frac{\omega}{4\pi}$$
$$= 2 \int_{0}^{\infty} ds \left(\cos \omega s \ W_{\epsilon}(\tau, s) + \frac{\cos \omega s}{4\pi^{2}s^{2}} \right) - J_{\tau} + \frac{|\omega| - \omega}{4\pi}$$
(35)

Recall that our conformal time trajectory was defined via

$$d\eta = a^{-2}dt \implies \eta(\tau) = \int \frac{d\tau}{a(\tau)}.$$
 (36)

For de Sitter space, we have $a(\tau) = e^{H\tau}$ where H is the (constant Hubble parameter) and

$$\eta(\tau) = -H^{-1}e^{-H\tau} \tag{37}$$

while

$$W_{0}(\tau;s) = -\frac{1}{(2\pi)^{2}} \frac{1}{a(\tau)a(\tau-s)} \frac{1}{|\eta(\tau) - \eta(\tau-s)|^{2}}$$

$$= -\frac{1}{(2\pi)^{2}} \frac{1}{e^{H\tau}e^{H(\tau-s)}} \frac{1}{|H^{-1}e^{-H\tau}(-1+e^{+Hs})|^{2}}$$

$$= -\frac{1}{(2\pi)^{2}} \frac{H^{2}}{e^{-Hs}(-1+e^{+Hs})^{2}}$$

$$= -\frac{1}{(2\pi)^{2}} \frac{H^{2}}{2+e^{-Hs}+e^{Hs}}$$

$$= -\frac{1}{(2\pi)^{2}} \frac{H^{2}}{2[-1+\cosh(Hs)]}$$

$$= -\frac{1}{(2\pi)^{2}} \frac{H^{2}}{4\sinh^{2}(Hs/2)}$$
(38)

as $2\sinh^2 x = \cosh(2x) - 1$. Thus

$$\dot{\mathcal{F}}_{\tau}(\omega) = \frac{1}{4\pi^2} \int_0^\infty ds \cos \omega s \left(-\frac{H^2}{4\sinh^2(Hs/2)} + \frac{1}{s^2} \right) - J_{\tau} + \frac{|\omega| - \omega}{4\pi}$$
(39)

Define $S \equiv Hs/2$ then

$$\dot{\mathcal{F}}_{\tau}(\omega) = \frac{H^2}{8\pi^2} \int_{-\infty}^{\infty} dS e^{-2i\omega S/H} \left(-\frac{1}{\sinh^2 S} + \frac{1}{S^2} \right) - J_{\tau} + \frac{|\omega| - \omega}{4\pi}.$$
 (40)

Evaluating at $\tau \to \infty$ gives

$$\dot{\mathcal{F}}_{\tau}(\omega) = \frac{\omega}{2\pi} \left(\frac{1}{e^{\omega/T_{dS}} - 1} \right), \quad T_{dS} = 2\pi, \tag{41}$$

where T_{dS} is the de Sitter temperature, i.e. the temperature a thermalised observer in de Sitter space will read on their thermometer.